



# Aikido of Nassau County

283 Hendrickson Avenue, Lynbrook, N.Y. 11563

516 561-8040



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>All Levels</b> 6:00-7:00am <b>Johnson</b>		<b>All Levels</b> 6:00-7:00am <b>Johnson</b>	<b>All Levels</b> 6:00-7:00am <b>Johnson</b>	<b>All Levels</b> 6:00-7:00am <b>Johnson</b>		
					<b>All Levels</b> 10:30-11:30am <b>Rotating Instructors</b>	<b>All Levels</b> 11:00-12:00pm <b>Rotating Instructors</b>
<b>All Levels</b> 6:00-7:00pm <b>Nemeth</b>	<b>Children</b> 5:45-6:30pm <b>Marcus</b>	<b>All Levels</b> 6:00-7:00pm <b>Nemeth</b>		<b>All Levels</b> 6:15-7:15pm <b>Marcus</b>		
	<b>Basic</b> 6:40-7:40pm <b>Marcus</b>					
<b>Basic</b> 7:15-8:15pm <b>Nemeth</b>	<b>All Levels</b> 7:40-8:40pm <b>Marcus</b>	<b>Basic</b> 7:15-8:15pm <b>Nemeth</b>	<b>All Levels</b> 6:40-8:00pm <b>Gabriel/ Marcus</b>			

Dojo Closed on Legal Holidays unless otherwise posted

ALL LEVELS - open to students with over 10 hours training